

## A very special tiny ball

Have you noticed how many things you can do with your body? You can run, laugh, play, draw... and so many other things that it can be fun to learn why. It all started when your mom and dad met. They loved each other so much that they decided to have you.



You were then inside your mom's belly and you were as small as a very tiny teeny ball, so tiny, in fact, that you would have fit inside the dot of an i. Incredible, isn't it? But as days went by, you grew and grew until finally you were so big that your mom's belly looked like a huge balloon!





## You are so big!

And after you spent nine months in your mom's belly, you were born! Do you remember when you were a baby? You did not know how to do many things back then. First you learned how to walk on all fours, then you learned to stand up and walk, and later you learned to eat on your own... You have learned how to do a lot of things since then, and you have also grown a lot! And you still have to grow a lot more! Growing up is fun, because you see how your body changes as it grows. It's a great adventure! 5

## The body

The thickest part of your body is called the trunk, and your legs and arms come out of it. At the top of your trunk, the neck connects it with your head, where you have your eyes, ears, mouth and a lot of hair which is sometimes hard to comb!

kinds of human bodies. There are people who are thin or fat, tall or short, whose hair is dark, blond, red or brown. Wouldn't it be boring if everybody looked alike? We could not tell each

